Level 2 Certificate in Understanding Working with People with Mental Health Needs

**Assessment 2**

**Learner contact details:**

**Name:**

**Contact address:**

**Postcode:**

**Contact number:**

**Email:**

**Learner declaration**

I confirm that the answers in Assessment 2 were completed by me, represent my own ideas and are my own work.

**Learner signature: Date:**

**If you need any help in completing these assessments, refer to the relevant section within Workbook 2, or contact your Assessor/Tutor.**

**Assessment decision**

|  |  |  |  |
| --- | --- | --- | --- |
| Achieved | Date | Resubmit | Date |
|  |  |  |  |

**Assessor/Tutor comments:**

**Declarations:**

I confirm that the completed assessments are, to the best of my knowledge, the authentic work of the learner and that all learning outcomes have been achieved within Assessment 2.

Assessor/Tutor:

**Assessor/Tutor signature: Date:**

I agree that this learner has achieved all the requirements of the assessment criteria within Assessment 2.

Internal Moderator:

**Internal Moderator signature: Date:**

**Assessment guidance**

You must fully complete each of the questions within this assessment in order to achieve this init. Once you have completed this assessment, your Assessor/Tutor will review your responses and provide you with detailed written feedback. The purpose of the feedback is to:

* Provide guidance and support to enable you to meet each of the assessment criteria
* Provide comment on the validity, accuracy and sufficiency of your answers
* Record any discussions that have taken place between you

Once your Assessor/Tutor has reviewed your responses, they may give your assessment back to you and ask you to amend some of your answers if they do not meet the criteria. If this happens, your Assessor/Tutor will explain what you need to do. Once you have amended your answers, you will need to resubmit your assessment to your Assessor/Tutor.

Once your Assessor/Tutor has confirmed that your assessment meets the required standard they will submit your work for moderation. This will show that the work has been completed to the Assessor’s/Tutor’s satisfaction.

A sample of your work may also be reviewed by an Internal Moderator. Their role is jot to assess your work as this is the responsibility of your Assessor/Tutor. The reason for this sampling is to monitor the consistency and quality of the marking and feedback that you received from your Assessor/Tutor.

**Essentials for completing your assessments**

**✓** Complete all questions in the workbook.

**✓** Always write in black ink, and write your answers clearly.

**✓** Write your answers in the spaces provided. If you require additional space,

**✓** Use a separate piece of paper, making sure your name is clearly visible.

**✓** If you need any additional support, please contact your Assessor/Tutor.

**✗** Please do **NOT** write your answers in pencil.

**✗** Please do **NOT** use correction fluid within your workbook, e.g. Tippex.

Please note: if you are submitting your assessments by post, it is recommended that you make a copy prior to sending.

**Key terms**

In order to meet the assessment criteria, it is important that you answer all questions completely. Take care to read the assessment question properly. Some will ask you to ‘identify’, whilst some will ask you to ‘describe’ or give examples. The following information will help you to achieve the requirements of each of the assessment criteria.

**Outline:** your answer should give a short general explanation outlining the essential features, not the detail. It should summarise the main points.

**Define:** Your answer must give the precise meaning of a word.

**Describe:** In order to describe something, you must give a detailed account of it.

**Explain:** You need to ensure that your answer is clear, revealing relevant facts.

**Demonstrate:** You need to provide evidence of performance.

**List:** Your answer should give an item-by-item record of names or things that are written one below the other.

**Identify:** Your answer should establish who or what something is.

**Give examples:** You need to list some examples to give detailed information to illustrate your point.

**Internal/external moderation**

At the end of the course, once your Assessor/Tutor has indicated that all learning outcomes have been achieved, your work may be submitted for Internal Moderation. The Internal Moderator will confirm that your Assessor/Tutor is consistently and fairly marking work to the required standard. An External Moderator, employed by the Awarding Organisation, will also check your work to ensure that it has been assessed in-line with their agreed standards.

**Certification process**

When you have successfully achieved all of the assessments for the qualification, your Certificate will be requested from your Awarding Organisation and sent to you in recognition of your achievement.

Section 1: Approaches to care and management in mental health

Question 1. Identify the local and national standards relating to mental health. (1.1)

Local standards:

National standards:

Question 2. Give an outline of the stages of the stepped care approach to mental health. (1.2)

Question 3. State the key principles of the care planning process. (1.3)

Question 4.Identify the interpersonal skills which are required to enable assessment to take place when care planning. (1.4)

Question 5. Explain why it is important to take into account the individual’s physical, psychological, social and spiritual needs throughout the care planning process. (1.5)

Question 6. Describe the key features of the following models of mental health needs and care. (2.1)

The medical model:

The psychological model:

The social model:

The recovery model:

Question 7. Explain what a risk assessment is. (2.2)

Question 8. Outline why it is important to carry out a risk assessment when a person is suspected to have mental health problems. (2.3)

Question 9a. Identify the key components of a risk assessment. (2.4)

Question 9b. Identify what is meant by the categories of risk when undertaking risk assessments. (2.4)

Question 10. Describe the stages of a basic mental health assessment. (2.5)

Question 11. Outline the role of the key agencies who might be involved in the care process. (2.6)

Question 12. Explain how work activities are recorded and reported in your place of work. (2.7)

How work activities are recorded:

How work activities are reported:

Question 13. Explain why it is important to keep accurate records throughout the care planning process. (2.8)

Section 2: Understand duty of care in adult and social care

Question 14. Explain what is meant by ‘duty of care’ in adult health and social care. (1.1)

Question 15. Describe how duty of care influences health and social care practice. (1.2)

Question 16. Describe two dilemmas that could arise as a result of conflict between duty of care and an individual’s rights. (2.1)

1.

2.

Question 17. Describe two possible conflicts for a health and social care worker between duty of care to an individual and the demands of an employer. (2.2)

Question 18. Explain where you can access additional support and advice about how to resolve dilemmas which may arise as a result of conflicts relating to duty of care. (2.3)

Question 19. Describe four examples of unsafe practices which could affect the well-being of individuals. Think about poor working practices, resource difficulties and operational difficulties and the different aspects of an individual’s well-being which include: spiritual, emotional, cultural, religious, social, political, sexual, physical, mental. (3.1)

1.

2.

3.

4.

Question 20. Explain the actions you should take if unsafe practices have been identified. (3.2)

Question 21. Describe the action to take if suspected abuse or unsafe practices have been reported but nothing has been done in response. (3.3)

Question 22. Explain how health and social care workers can promote a positive culture. (4.1)

Question 23. Give two examples of the ways that your own actions can impact on the individual and others. (4.2)

1.

2.

Question 24. Explain the importance of sharing concerns with a responsible professional. (4.3)

Question 25. Explain the possible consequences of health and social care workers failing to act in the interests of individuals and others. (4.4)

Question 26. Define the meaning of: (5.1)

1. Consent
2. Best interests

Question 27. Identify different ways of gaining consent. (5.2)

Question 28. Explain action to be taken when: (5.3)

1. Consent is not given
2. Consent cannot be confirmed

Section 3: Understanding change and support in relation to mental health

Question 29. Define what is meant by the term ‘mental well-being’. (1.1)

Question 30. Identify what needs to be in place for mental health change to happen. (1.2)

Question 31. Outline the key areas of support in making change. (1.3)

Question 31. Outline the role of the support worker in enabling change. (1.4)

Question 33. Explain how you can provide support for people during mental health change. (1.5)

Question 34. Describe how you can support a person who has mental health problems to become more independent. (1.6)

Question 35. Explain the features of a support worker/service user relationship. (2.1)

Question 36. Outline the roles of those who can offer support to an individual undergoing a mental health change. (2.2)

Question 37. Outline the role of key agencies in a person’s mental health change. (2.3)

Question 38. Explain the contribution that others can make in enabling change. (2.4)

Question 39. Describe the role of local and national support groups throughout a person’s mental health change. (2.5)

Role of local support groups

Role of national support groups

Question 40. Explain the role of housing, financial and life skills support in facilitating a person’s mental health change. (2.6)

Role of housing support

Role of financial support

Role of life skills support

Question 41. Give an outline of the different types of treatment options available to people who are experiencing mental health problems. (3.1)

Question 42. Give one example of an outcome measure used in mental health and describe how it can be used to identify whether current care or treatment package is being effective. (3.2)

Question 43. Identify where people experiencing mental health issues and their support network can access sources of information. (4.1)

Question 44. Identify the different resources available that can be used to support good practice. Use examples from your own workplace where possible. (4.2)

Question 45. Give an outline to explain why people who have mental health conditions require ongoing support, even when they appear to be well. (4.3)

Well done!

You have completed your Assessment 2. Please check that you have answered all the questions and signed the learner declaration on the front page, before submitting to your Assessor/Tutor.